

Mad, Sad, Glad: Sharing Life through the Psalms

Six reflective on-line Mondays led by Jenny Ellis and Sally Dakin



Mark Cazalet

<p>May 22nd Songs of Life</p> <p>June 12th Songs of Sorrow</p> <p>July 17th Songs of Gratitude & Trust</p> <p>Sept. 11th Songs of Pain, Doubt & Loss</p> <p>Oct. 16th Songs of Longing</p> <p>Nov. 20th Songs of Praise</p>

*9.45am – 4pm each day,
with a break for lunch*

An invitation to get to know and love the Psalms as poetry, and to use them in prayer and in life – as Jesus did. We shall ponder the world view of these ancient prayers and praises, as they articulate the complaints, sorrows and joys of our shared human life on this wonderful and challenged planet. We shall see how they reveal a God actively engaged in the world, teaching us to be God-centred, rather than self-absorbed.

Each day will offer an opportunity to bring life and faith and creativity together, with space to share discoveries and raise questions. The themes will be explored in a variety of ways, using together-time, alone-time and time in small groups.

- **Core book:** *Journalling The Psalms* by Paula Gooder (RRP £14.99)
- **‘Homework’:** using the book to do some Psalm Journalling
- **Base groups:** meeting once a month online in a group of three or four

If you would like to join us, please contact **Jenny** (jenny.battsrow@gmail.com) or **Sally** (sally.dakin@btinternet.com) for a simple registration form.