

















VERY HIGH

HIGH

MEDIUM

LOCAL COVID ALERT LEVEL

MEDIUM

Social Contact  <p>Rule of six indoors and outdoors, in all settings.</p>	Weddings and Funerals  <p>Up to 15 guests for weddings and up to 30 guests for funerals. 15 for receptions, wakes and related ceremonies.</p>	Overnight Stays  <p>Overnight stays permitted subject to social contact rules.</p>	Working from home guidance  <p>Work from home where possible.</p>
Shopping and Retail  <p>Open.</p>	Leisure and gyms  <p>Open.</p>	Hospitality  <p>Open with some restrictions including 10pm closing time and table-service only.</p>	Entertainment and tourist attractions  <p>Open, except nightclubs and adult entertainment.</p>
Education  <p>Schools, FE colleges open. Universities must reflect wider restrictions.</p>	Healthcare Services  <p>Open.</p>	Residential Care  <p>Open to external visitors with additional precautions, subject to individual care provider guidance.</p>	Travel and Transport  <p>No travel restrictions within area. Avoid travel into Local COVID Alert Level Very High areas where possible.</p>
Sporting Activity  <p>Organised sport / licensed physical activity allowed in outdoor settings. Indoor organised sport must follow social contact rules (other than youth or disabled sport).</p>	Worship  <p>Open, subject to social contact rules.</p>	Childcare  <p>Registered and wraparound childcare open. Supervised activities permitted in private homes. Children's groups permitted.</p>	Youth Clubs and Activities  <p>Permitted.</p>

There are three simple actions we must all do to keep on protecting each other:



Wash hands
keep washing your hands regularly



Cover face
wear a face covering in enclosed spaces



Make space
stay at least 2 metres apart - or 1 metre with a face covering or other precautions

For more information and detailed guidance visit:
[gov.uk/coronavirus](https://www.gov.uk/coronavirus)